

# *Lunch Menu*

## **Starters**

Soup of the day

Chicken Waldorf salad

Tomato, olive and feta Galette

## **Mains**

Grilled mackerel with mashed potatoes and horseradish and chive cream sauce

Rump steak with frites, cafe de Paris butter & steamed vegetables

Baked stuffed peppers with quinoa

## **Puddings**

Mango bavarois with chantilly cream

Chocolate sponge pudding with chocolate sauce

Profiteroles with butterscotch sauce

Freshly brewed tea or coffee

**Starters £3.00, Mains £6.00, Pudding £3.00, Tea or coffee £1.00**

Food allergies and intolerances:

Before ordering please speak to the tutor about your requirements



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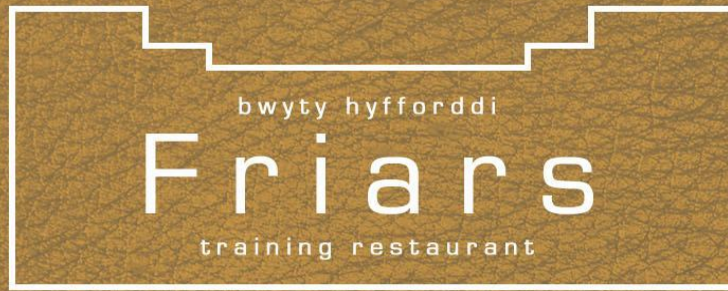
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Cinio 1 / Lunch 1



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# *Bwydlen Cinio*

## **I ddechrau**

Cawl y dydd  
Salad Waldorf Cyw Iâr  
Galette tomato, olifau a chaws ffeta

## **Prif gyrsiau**

Macrell wedi'i ridyllu gyda thatws stwnsh a saws hufen rhuddygl a chennin syfi  
Stêc Ffolen gyda frites, menyng cafe de Paris a llysiau wedi'u stemio  
Courgettes wedi'u stwffio pob gyda quinoa

## **Pwdinau**

Bavarois mafon gyda hufen chantilly  
Sbwng siocled, gyda saws siocled  
Profiteroles gyda saws butterscotch

Tê neu goffi ffres

**Cwrs cyntaf £3.00, Prif gwrs £6.00, Pwdin £3.00, Tê neu goffi £1.00**

Alergeddau ag anoddefiadau bywyd:  
Cyn archebu, cofiwch sôn wrth ein staff am eich anghenion



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