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Canolfan Isaddelodd, Sgiliau a Thechnoleg
Centre for Infrastructure, Skills and Technology

August-December Courses

***Funding is available for these courses, contact us for more information**

Group booking discounts are sometimes available, contact us for more information

Please call to discuss any dates under "On request"

Health and Safety

Course	Day	Duration	Delivery	Price
IOSH Managing Safely	21/08/2023	3 days	CIST-Llangefni	£375
IOSH Managing Safely	18/09/2023	3 days	CIST-Llangefni	£375
IOSH Managing Safely	02/10/2023	3 days	Abergele	£375
IOSH Managing Safely	06/11/2023	3 days	Abergele	£375
IOSH Managing Safely	04/12/2023	3 days	Abergele	£375
IOSH Working Safely	17/08/2023	1 day	CIST-Llangefni	£125
IOSH Working Safely	04/09/2023	1 day	CIST-Llangefni	£145
IOSH Managing Safely Refresher	On request	1 day	On request	£145
IOSH Safety, Health & Environment for Construction Site Workers	On request	1 day	On request	£145

Course	Day	Duration	Delivery	Price
NEBOSH Certificate in Environmental Management*	21/09/2023	1 day a week over 6 weeks	Remote	£975
	27/09/2023		CIST-Llangefni	
NEBOSH Working with Wellbeing*	27/09/2023	1 day	Remote	£315
	25/10/2023			
	22/11/2023			
NEBOSH Health & Safety Management for Construction*	03/10/2023 (day)	1 day a week over 13 weeks	Remote	£1,475
	11/10/2023 (evening)			
NEBOSH Environmental Awareness at Work*	20/09/2023	1 day	Remote	£315
	18/10/2023			
	15/11/2023			
	06/12/2023			
NEBOSH Certificate in Fire Health & Safety*	26/09/2023	1 day over 10 weeks	Remote	£975



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NEBOSH General Certificate in Occupational Health & Safety*	05/09/2023	1 day a week over 13 weeks	Remote	£1,475
	24/10/2023			
	19/12/2023			
NEBOSH Award in Health & Safety at Work*	05/09/2023	1 day	Remote	£683
	03/10/2023			
NEBOSH Award in Managing Risk and Risk Assessment*	20/09/2023	1 day	Remote	£420
NEBOSH Diploma in Health & Safety	TBC	3 units required, each unit is 1 day a week over 12 weeks	Remote	£1500 per unit (3 units) £4500 total

Course	Day	Duration	Delivery	Price
Highfield-COSHH L2	On request	1 day	On request	£125
Highfield-Safe Moving and Handling L2	On request	1 day	On request	£125
Highfield-Fire Safety L2	On request	1 day	On request	£145
Highfield-Health and Safety L1	On request	½ day	On request	£100
Highfield-Fire Safety L1	On request	½ day	On request	£100
Highfield- Introduction Mental Health Awareness L2	On request	½ day	On request	£85
Highfield- Understanding Mental Health in the Workplace L3	On request	2 days	On request	£225
Highfield- Asbestos Awareness- (e-learning)	On request	1-2 hours	E-learning	£35
Highfield- Understanding Mental Health in the Workplace for Managers L3	20/12/2023	2 days	CIST-Llangefni	£225



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Site Safety

Course	Day	Duration	Delivery	Price
CITB Health and Safety*	31/08/2023	1 day	CIST-Llangefni	£110
	20/10/2023		Remote	
	22/11/2023		St Asaph	
	14/12/2023		CIST-Llangefni	
CITB SSSTS*	03/10/2023	2 days	St Asaph	£210
	06/12/2023		CIST-Llangefni	
CITB SMSTS	11/09/2023	1 day a week for 5 weeks	St Asaph	£475
	27/11/2023	5 days consecutively		
CITB SSSTS Refresher	27/10/2023	1 day	St Asaph	£155
CITB SMSTS Refresher	20/09/2023	2 days	CIST-Llangefni	£280
	23/11/2023		Remote	
CITB SEATS	17/11/2023	1 day	St Asaph	£150
CITB SSP Temporary Works Coordinator	TBC	2 days	TBC	TBC
CITB SSP Temporary Works Supervisor	TBC	1 day	TBC	TBC
Advanced Abrasive Wheels	On request	½ day	On request	£65

First Aid/Mental Health

Course	Day	Duration	Delivery	Price
First Aid at Work L3	13/11/2023	3 days	CIST-Llangefni	£235
	04/12/2023			
First Aid at Work Refresher L3	07/08/2023	2 days	CIST-Llangefni	£170
	11/09/2023		Parc Menai	
	09/10/2023		Parc Menai	

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Emergency First Aid at Work L3	13/11/2023	1 day	CIST-Llangefni	£125
	04/12/2023		CIST-Llangefni	
Paediatric First Aid L3	11/12/2023	2 days	CIST-Llangefni	£175
Highfield- Introduction to First Aid for Mental Health L2	On request	2 days	On request	£185

Electrical/Renewables

Course	Day	Duration	Delivery	Price
EAL 18th Edition- Amendment two	07/09/2023	3 days, 2hr exam (4 th day)	CIST-Llangefni (exam in Bangor)	£400
	05/10/2023			
EAL L3 Award- Installation Inspection, Testing, Certification and Reporting	TBC	1 day a week over 5 weeks, practical assessment ½ day and 2-hour exam	CIST-Llangefni (exam in Bangor)	£845
EAL Understand the Requirements for the Installation of Electric Vehicle Charging Points*	TBC	1 day, 50-minute exam (2 nd day)	CIST-Llangefni (exam in Bangor)	£225
BPEC Electrical Energy Storage System*	TBC	2 days	CIST-Llangefni	£450
EAL Installation and Testing Photovoltaics Certificate*	TBC	3 days, 1-hour exam (4 th day)	CIST-Llangefni (exam in Bangor)	£660
EAL PAT Inspecting and Testing	TBC	2 days, 2-hour exam (2 nd day)	CIST-Llangefni (exam in Bangor)	£330

RTITB

CIST-Llangefni or on client's site if safety requirements are met

Conversion courses also available

Course	Day	Duration	Price
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Telescopic Handler Operator (Novice) 1 person*	On request	3 days	£1125
Telescopic Handler Operator (Novice) 2 people*	On request	5 days	£1500
Telescopic Handler Operator (Refresher) 1 person	On request	1 day	£375
Telescopic Handler Operator (Refresher) 2 people	On request	1 day	£187.50
Telescopic Handler Operator (Experienced) 1 person*	On request	2 days	£750
Telescopic Handler Operator (Experienced) 2 people*	On request	3 days	£562.50
Counterbalance Fork Lift Truck (Novice) 1 person*	On request	3 days	£1125
Counterbalance Fork Lift Truck (Novice) 2 people*	On request	4 days	£750
Counterbalance Fork Lift Truck (Novice) 3 people*	On request	5 days	£625
Counterbalance Fork Lift Truck (Refresher) 1 person	On request	1 day	£375
Counterbalance Fork Lift Truck (Refresher) 2 people	On request	1 day	£187.50
Counterbalance Fork Lift Truck (Refresher) 3 people	On request	1 day	£125
Counterbalance Fork Lift Truck (Experienced) 1 person*	On request	2 days	£750
Counterbalance Fork Lift Truck (Experienced) 2 people*	On request	3 days	£562.50
Counterbalance Fork Lift Truck (Experienced) 3 people*	On request	3 days	£375
Reach Truck (Novice) 1 person*	On request	3 days	£1125
Reach Truck (Novice) 2 people*	On request	4 days	£750
Reach Truck (Novice) 3 people*	On request	5 days	£625
Reach Truck (Refresher) 1 person*	On request	1 day	£375
Reach Truck (Refresher) 2 people*	On request	1 day	£187.50
Reach Truck (Refresher) 3 people*	On request	1 day	£125
Reach Truck (Experienced) 1 person*	On request	2 days	£750
Reach Truck (Experienced) 2 people*	On request	3 days	£562.50



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Reach Truck (Experienced) 3 people*	On request	3 days	£375
Pedestrian Counter balance Truck (Novice) 1 person	On request	1 day	£375
Pedestrian Counter balance Truck (Novice)	On request	1 day	£187.50
Pedestrian Counter balance Truck (Novice)	On request	1 ½ days	£250
Pedestrian Counter balance Truck (Refresher)	On request	½ day	£375
Pedestrian Counter balance Truck (Refresher)	On request	½ day	£187.50
Pedestrian Counter balance Truck (Refresher)	On request	½ day	£125
Pedestrian Counter balance Truck (Experienced)	On request	½ day	£375
Pedestrian Counter balance Truck (Experienced)	On request	1 day	£187.50
Pedestrian Counter balance Truck (Experienced)	On request	1 day	£125
Mobile Elevating Work Platform (3b), (Novice) 1 person	On request	1 day	£375
Mobile Elevating Work Platform (3b), (Novice) 2 people	On request	1 day	£187.50
Mobile Elevating Work Platform (3b), (Novice) 3 people	On request	1 day	£125
Mobile Elevating Work Platform (3b) (Refresher) 1 person	On request	½ day	£375
Mobile Elevating Work Platform (3b) (Refresher) 2 people	On request	½ day	£187.50
Mobile Elevating Work Platform (3b) (Refresher) 3 people	On request	1 day	£125
Mobile Elevating Work Platform (3b) (Experienced) 1 person	On request	½ day	£375
Mobile Elevating Work Platform (3b) (Experienced) 2 people	On request	1 day	£187.50
Mobile Elevating Work Platform (3b) (Experienced) 3 people	On request	1 day	£125

Heavy Plant

Course	Day	Duration	Price
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NPORS Telescopic Handler (N010) *	On request	5 days/ dependent on experience	£1500
NPORS Ride on Roller (N214)*	On request	3 days/ dependant on experience	£1200
NPORS Forward Tipping Dumper (N204) *	On request	3 days/ dependant on experience	£1200
NPORS 360° Excavator above 10 tonnes (N202) *	On request	10 days/ dependant on experience	£2410

Scaffolding

Course	Day	Duration	Delivery	Price
CISRS CPD Refresher	25/09/2023	2 days	CIST-Llangefni	£450
	06/12/2023			
CISRS Basic Scaffolding Inspection	TBC	3 days	CIST-Llangefni	£690
CISRS COTS	23/08/2023	1 day	CIST-Llangefni	£210
	27/10/2023			
	05/12/2023			
CISRS Scaffolder Course- Part 1 Tube & Fitting*	11/12/2023	10 days	CIST-Llangefni	£1150
CISRS Scaffolder Course- Part 2 Tube & Fitting*	18/09/2023	10 days	CIST-Llangefni	£1150

Other

Course	Day	Duration	Delivery	Price
PASMA- Working at Heights*	24/08/2023	½ day	CIST-Llangefni	£75
	28/09/2023			
	26/10/2023			
	28/11/2023			
	19/12/2023			
PASMA-TOWERS*	25/08/2023	1 day	CIST-Llangefni	£125
	29/09/2023			
	27/10/2023			
	29/11/2023			

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	20/12/2023			
PASMA-Low Level Access (with e-learning)	On request	1 day	CIST-Llangefni /Remote	£75
Ladder and Step ladder Inspection	On request	½ day	CIST-Llangefni	£85
Ladder and Step ladder User	On request	½ day	CIST-Llangefni	£85
Ladder and Step ladder Combo	On request	1 day	CIST-Llangefni	£130
IPAF (Duel) Mobile Vertical (3A) +Mobile Boom (3B) - Operator	On request	1 day	CIST-Llangefni	TBC
IPAF Harness Use and Inspection	On request	1 day	CIST-Llangefni	TBC

ACS Gas Safety CCN1- All courses at CIST (Llangefni) - Zero Carbon Centre

Course	Day	Duration		Price	
CCN1 0 Appliances	On request	1 day	2 days	£772	£882
CCN1 1 Appliance	On request	2 days	3 days	£854.50	£964.50
CCN1 2 Appliances	On request	3 days	4 days	£937	£1047
CCN1 3 Appliances	On request	4 days	5 days	£992	£1102
CCN1 4 Appliances	On request	5 days	6 days	£1047	£1157
CCN1 5 Appliances	On request	6 days	7 days	£1102	£1212

Appliances- All courses at CIST- Zero Carbon Centre

Course	Day	Duration		Assessment only price	Assessment and book only price (1 day)	2-day price	3-day price
CEN1 - Boilers	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50
HTR1 - Gas Fires & Wall Heaters	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50
WAT 1 - Gas Instantaneous Water Heating appliances	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50

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MET1 - Gas Meter Course	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50
CKR1 - Cooking Appliance	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50
DAH1 - Ducted Air Heaters	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50
CEN/WAT - Boilers/Water Heaters	On request	2 days	3 days	£181.50	£238.50	£348.50	£458.50

LPG- All courses at CIST- Zero Carbon Centre

Course	Day	Duration		Assessment only price	Assessment and book only price (1 day)	2-day price	3-day price
LPG ACS*	On request	2 days	3 days			TBC	TBC
LPG Conversion inclusive of book	On request	2 days	3 days	£215	£253.50	£363.50	£473.50
LPG Caravans	On request	2 days	3 days	£165	£203.50	£313.50	£423.50
LPG Boats	On request	2 days	3 days	£165	£203.50	£313.50	£423.50
LPG Conversion including Caravan	On request	2 days	3 days	£380	£418.50	£528.50	£638.50
LPG Conversion including Boats	On request	2 days	3 days	£325	£363.50	£473.50	£583.50

OFTEC- All courses at CIST- Zero Carbon Centre

Course	Day	Duration		Assessment only price	Assessment and book only price (1 day)	Assessment, training and book price
OFTEC 50 Training and Assessment Package*	On request	5 days				£1274
Assessment Package - OFT101/105E & 600A	On request	1 day	2 days	£522.50	£737.50	£847.50
Assessment Only OFT101	On request	1 day		£341	£521	



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Assessment Only OFT105E	On request	1 day		£341	£512	
Assessment Only OFT600A	On request	1 day		£341	£431	

Other/Renewables- All courses at CIST (Llangefni) - Zero Carbon Centre

Course	Day	Duration		Price
Domestic Elementary Gas Certificate (MLP)*	TBC	1 day a week over 6 months		£4182
TB118 (Safe electrical installation)	On request	1 day		£220
ETFGE Module 1&3	On request	1 day		£220
ETFGE Module 2&4	On request	1 day		£220
ETFGE Modules 1/2/3 & 4	On request	1 day		£440
Water Regulations*	On request	1 day	2 days with training	£237
Energy Efficiency - Assessment only*	On request	1 day	2 days with training	£215
Unvented Hot Water*	On request	1 day	2 days with training	£215
Legionella module L01	On request	1 day		£220
Legionella module L01/02/03	On request	1 day		£220
Domestic Solar Hot Water Heating Systems*	On request	3 days over 3 weeks		£690
Domestic Heat Pump Systems*	On request	4 days over 4 weeks		£690