



# ADTRAC UPDATE



## ADTRAC Support continues during Lockdown

**C has shown great motivation and determination in the recent challenging times with COVID 19. Prior to lockdown she was motivated and determined to work hard to secure employment but unfortunately this was put on hold by the restrictions of lockdown.**

With the ongoing support of the ADTRAC Outreach Engagement Officer over the phone C was able to discuss suitable opportunities and options available to her. Together C and the Outreach Engagement Officer identified training needs that would support her in getting her dream job and look great on her CV! Plans were put in place for the suitable training course to proceed through to the procurement stage.

During this time a free Sage Essentials Accounts training was identified and was found to be free of charge! (Usual price was £149!) With the help of the Outreach Engagement Officer, C was registered for the course and passed with flying colours the very next day. C enjoyed the course so much that she has been signposted to Open Learn for her to access their free courses. She has gone from strength to strength and continued to complete numerous courses including Effective Communication and Working in a Team.

These courses will be a great addition to her CV and be beneficial when applying for employment opportunities.

The next steps for C are to complete the training identified initially once face to face courses are able to run and for the Outreach Engagement Officer to continue to support her in securing new employment opportunities.

C has approached the whole situation with such impressive motivation and she will emerge from this more employable and in an improved position to secure employment.





# Y DIWEDDARAF GAN ADTRAC



## Cefnogaeth ADTRAC yn parhau yn ystod y Cyfnod Clo

**Mae C wedi dangos symbyliad a phenderfyniad mawr yn yr amserau heriol diweddar gyda COVID 19. Cyn y cyfnod clo roedd yn llawn cymhelliant ac yn benderfynol o weithio'n galed i sicrhau cyflogaeth ond yn anffodus gohiriwyd hyn gan gyfyngiadau'r cyfnod clo.**

Cyda chefnogaeth barhaus y Swyddog Ymgysylltu Estyn Allan ADTRAC dros y ffon llwyddodd C i drafod cyfleoedd addas ac opsiynau ar gael iddi. Cyda'i gilydd gwnaeth C a'r Swyddog Ymgysylltu Estyn Allan ddynodi anghenion hyfforddiant a fyddai yn ei chefnogi i gael ei swydd ddelfrydol ac a fyddai'n edrych yn wych ar ei CV! Rhoddwyd cynlluniau yn eu lle ar gyfer y cwrs hyfforddi addas i fynd ymlaen i'r cyfnod caffael.

Yn ystod yr amser hwn dynodwyd hyfforddiant Cyfrifon Hanfodol Sage ac fe gafwyd ei fod yn ddi-dâl! (Pris arferol yn £149!). Gyda help y Swyddog Ymgysylltu Estyn Allan cofrestrwyd Swyddog, C ar gyfer y cwrs a disgleiriodd ynddo'r diwrnod canlynol. Mwynhaodd C y cwrs gymaint fel y cafodd ei chyfeirio at Open Learn er mwyn iddi gael mynediad i'w cyrsiau am ddim. Mae wedi mynd o nerth i nerth a pharhaodd i gwblhau cyrsiau niferus gan gynnwys Cyfathrebu Effeithiol a Cweithio fel Tîm.

Bydd y cyrsiau hyn yn ychwanegiad gwych i'w CV ac yn llesol wrth wneud cais am gyfleoedd cyflogaeth.

Y tri cham nesaf ar gyfer C yw cwblhau'r hyfforddiant a ddynodwyd i ddechrau unwaith mae cyrsiau wyneb yn wyneb yn medru rhedeg ac i'r Swyddog Ymgysylltu Estyn Allan fedru barhau i'w chefnogi i sicrhau cyfleoedd cyflogaeth newydd.

Mae C wedi mynd at yr holl sefyllfa gyda'r fath gymhelliant trawiadol a bydd yn dod allan o hyn yn fwy cyflogadwy ac mewn sefyllfa well i sicrhau gwaith.



Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

