



# ADTRAC UPDATE

## Working Together

**Joshua was initially referred to ADTRAC by Social services and he wasn't sure of what he would like to do regarding education, training or employment. He decided that he would like to focus on education, this was important to Joshua as he had no formal qualifications.**

During initial appointments with his ADTRAC Mentor different options available at college were considered and Joshua applied for courses. It became apparent that the lack of qualifications was a barrier, as he didn't meet the relevant entry requirements for courses. Following this set back a way forward was discussed with his ADTRAC Mentor and it was decided to focus on Joshua's interests. Josh mentioned that he had participated at indoor climbing centres since a young age, he enjoyed this still as a hobby and attended the Boathouse Climbing Centre in Llandudno every Tuesday evening. The ADTRAC Mentor liaising with the Communities for Work Employment Mentor were able to source a placement for Josh. His Mentor by way of a more visually focused activity supported Josh to complete a CV.

Josh's case is a key example of an effective multi-agency approach with other professionals providing support alongside ADTRAC Mentors.

Josh is still volunteering at the Boathouse climbing centre and ADTRAC are currently looking at providing an indoor climbing assistant qualification for him. Hopefully this will support him with the skill set to use this towards employment, training or education.



### Quote from employer Andy -

"Josh has been engaging well with the children and is punctual and helpful to the climbing instructors within the sessions."

Cyflogaeth / Employment

Hyfforddiant / Training

Addysg / Education



Arweinir Adtrac gan:  
Adtrac is being led by:



Cronfa Gymdeithasol Ewrop  
European Social Fund



# Y DIWEDDARAF GAN ADTRAC

## Gweithio Gyda'n Gilydd

**Cafodd Joshua ei atgyfeirio at ADTRAC gan y Gwasanaethau Cymdeithasol gan nad oedd yn siŵr beth roedd eisiau wneud ynglŷn ag addysg, hyfforddiant na chyflogaeth. Dewisodd ganolbwyntio ar addysg. Roedd hyn yn bwysig iddo oherwydd nad oedd ganddo unrhyw gymwysterau ffurfiol.**

Yn ystod yr apwyntiadau cyntaf gyda'r Mentor ADTRAC, trafodwyd gwahanol opsiynau oedd ar gael yn y colegau ac fe gyflwynodd Joshua geisiadau ar gyfer cyrsiau. Daeth yn amlwg bod y diffyg cymwysterau'n rhwystr, gan nad oedd yn bodloni gofynion mynediad y cyrsiau. Yn dilyn hyn, trafodwyd ffyrdd ymlaen gyda'r Mentor ADTRAC a phenderfynwyd canolbwyntio ar ddiddordebau Joshua. Soniodd Josh ei fod wedi bod yn mynd i ganolfannau dringo dan do ers pan oedd yn ifanc, ac roedd hyn dal yn hobi ganddo ac roedd yn mynd i Ganolfan Ddringo Boathouse yn Llandudno bob nos Fawrth. Trafododd y Mentor ADTRAC hyn gyda Mentor Cyflogadwyedd Cymunedau'n Gyntaf a bu iddynt gael lleoliad gwaith i Josh. Drwy wneud pethau'n fwy gweladwy, cafodd Josh ei gefnogi gan ei Fentor i gwblhau CV. Mae Josh yn enghraifft wych o ddull amlasiantaethol effeithiol gyda gweithwyr proffesiynol eraill yn rhoi cymorth ochr yn ochr â Mentoriaid ADTRAC.

Mae Josh dal i wirfoddoli yng Nghanolfan Ddringo Boathouse ac mae ADTRAC yn gobeithio rhoi'r cyfle iddo ennill cymhwyster cymhorthydd dringo dan do. Y gobaith yw bydd hyn yn ei gynorthwyo i ddatblygu sgiliau ar gyfer cyflogaeth, hyfforddiant neu addysg.



### Dyfyniad gan ei gyflogwr, Andy -

"Mae Josh wedi bod yn gwneud cysylltiad da efo'r plant ac mae'n brydlon ac yn help i'r hyfforddwyr dringo yn y sesiynau."

Cyflogaeth / Employment

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