



ADTRAC UPDATE

Ayla's Achievements

Ayla was initially referred to ADTRAC to access support to help her progress back into education. Ayla's goal was to return to a college setting, unfortunately this didn't seem likely as Ayla had previously been asked to leave college. Ayla has recently been diagnosed with Autism, so her ADTRAC Advisor discussed what support she would find beneficial in helping her get back into an educational setting.

Ayla wanted to return to complete her Level 1 in Health and Social Care but needed to see if the college would allow her to return. Her Advisor attended transition meetings with the college to discuss the best way forward. The decision was made that she would be better off completing the course at a different campus which could enable her to have a fresh start.

Ayla is nearing the end of her course and has been accepted to progress onto Level 2 Health and Social Care and Childcare. She is thrilled to be starting her placement in a local primary school.

Siobhan, ADTRAC Advisors feedback -

"As Ayla's advisor I feel that she has achieved a great deal in a short space of time. She has shown focus, motivation and that she can achieve her ultimate goal. She has shown commitment during this course and it's amazing to see how far she has come on her journey."

Feedback from Ayla's college tutor -

"I have known Ayla since September 2019 when I became her personal tutor on the Level 1 Health and Social/Child Care course in Rhyl College. In this time she has shown herself to be extremely hard working, never missing any deadlines, and she always produces more work than you ask of her.

Ayla has faced many personal issues along the way and has struggled at times to deal with everything going on in her life but has still managed to maintain excellent attendance throughout. In difficult situations Ayla has had a tendency to "fly off the handle" but has shown this year that she is learning to control her responses to difficult situations and it is clear that she is looking to improve all the time. Ayla has made excellent progress on this course and has already secured herself a place on the Level 2 course for the next academic year. I have no doubt that Ayla will succeed academically."



Adtrac is being led by:





Y DIWEDDARAF GAN ADTRAC Cyflawniadau Ayla

Cyfeiriwyd Ayla i ddechrau at ADTRAC i gael mynediad i gefnogaeth i'w helpu i fynd nôl i addysg. Nod Ayla oedd dychwelyd i leoliad coleg, yn anffodus nid oedd hyn yn ymddangos yn debygol gan y gofynnwyd yn flaenorol i Ayla adael y coleg. Yn ddiweddar Ayla ddiagnosis o Awtistiaeth, felly trafododd ei hymgyngorydd ADTRAC pa gefnogaeth y byddai yn ei chael yn ddefnyddiol i'w helpu i'w chael yn ôl i leoliad addysgiadol.

Roedd Ayla eisiau dychwelyd i gwblhau ei Lefel 1 mewn Iechyd a Gofal Cymdeithasol ond roedd angen gweld a fyddai'r coleg yn caniatáu iddi dychwelyd. Mynychodd ei Hymgyngorydd gyfarfodydd pontio gyda'r coleg i drafod y ffordd orau ymlaen. Gwnaed y penderfyniad y byddai yn well yn cwblhau'r cwrs mewn campws gwahanol a fyddai yn caniatáu iddi gychwyn o'r newydd.

Mae Ayla yn agosau at ddiwedd ei chwrs ac wedi ei derbyn i fynd ymlaen i Lefel 2 mewn Iechyd a Gofal Cymdeithasol a Gofal Plant. Mae wrth ei bodd i fod yn dechrau ei lleoliad mewn ysgol gynradd leol.

Adborth Cyngorwyr ADTRAC, Siobhan -

"Fel ymgyngorydd Ayla teimlaf iddi gyflawni cryn dipyn mewn cyfnod byr. Mae wedi dangos ffocws, symbyliad ac y gall gyflawni ei nod yn y pen draw. Mae wedi dangos ymrwymiad yn ystod y cwrs hwn ac mae'n anhygoel gweld pa mor bell mae wedi dod ar ei thaith."

Adborth gan diwtor coleg Ayla -

"Rwyf wedi adnabod Ayla ers mis Medi 2019 pan ddes yn diwtor personol iddi ar y cwrs Iechyd a Gofal Cymdeithasol/Plant yng Ngholeg Rhyl. Yn yr amser hwn, mae wedi profi ei hun i fod yn hynod weithgar, byth yn methu unrhyw ddyddiadau cau, ac mae bob amser yn cynhyrchu mwy o waith nag a ofynnwch ganddi.

Mae Ayla wedi wynebu nifer o broblemau personol ar y ffordd ac wedi cael trafferth ar adegau i ddelio gyda phob dim sy'n mynd ymlaen yn ei bywyd ond mae o hyd wedi llwyddo i gymal presenoldeb ardderchog. Mewn sefyllfaoedd anodd mae gan Ayla duedd i ymateb yn fyrbyyll ond mae wedi dangos eleni ei bod yn dysgu rheoli ei hymatebion i sefyllfaoedd anodd ac mae'n glir ei bod yn ceisio gwella drwy'r amser. Mae Ayla wedi gwneud cynnydd ardderchog ar y cwrs hwn ac eisoes wedi sicrhau lle iddi ei hun ar y cwrs Lefel 2 ar gyfer y flwyddyn academaidd nesaf. Does gen i ddim amheuaeth y bydd Ayla yn llwyddo yn academaidd.

